

[A'kin]<sup>®</sup>

# Easy Skincare Product Selection Guide

Skin Type	Cleanse (Face) (Morning & Night)	Moisturise (Face) (Morning & Night)	Eyes (Morning & Night)	Body (Daily as required)	Hands (Daily as required)
<b>Dry</b>	<i>Rose &amp; Geranium,</i> Pure Creamy Cleanser & Toner in One & <i>Jojo &amp; Corn,</i> Gentle Exfoliating Facial Scrub (2 times a week)	Pure Radiance Rosehip Oil (followed by)  <i>Rose De Mai</i> Anti-oxidant Day Creme & <i>Lavender &amp; Rose,</i> Repairing Anti-Oxidant Night Crème.	<i>White Tea &amp; Cornflower,</i> Soothing & Relaxing Eye Day Gel & <i>Ginkgo &amp; Chamomile,</i> Revitalising Eye Night Creme	<i>Lavender &amp; Geranium</i> Body Moist or <i>Unscented,</i> Replenishing Body Moist & <i>Sandalwood &amp; Sweet Orange,</i> Invigorating Body Scrub	<i>Lemon Myrtle/Eucalyptus &amp; Tea Tree</i> Hand Wash & <i>Lavender Geranium &amp; Jojoba</i> Hand Nail & Cuticle Creme or <i>Unscented,</i> Intensive Hand Nail & Cuticle Treatment
<b>Normal</b>	<i>Rose &amp; Geranium,</i> Pure Creamy Cleanser & Toner One & <i>Orange Blossom &amp; Chamomile,</i> Refreshing & Soothing Toner & <i>Jojo &amp; Corn,</i> Gentle Exfoliating Facial Scrub (2 times a week)	Pure Radiance Rosehip Oil (followed by)  <i>Rose De Mai</i> Anti-oxidant Day Creme & <i>Lavender &amp; Rose,</i> Repairing Anti-Oxidant Night Crème	<i>White Tea &amp; Cornflower,</i> Soothing & Relaxing Eye Day Gel & <i>Ginkgo &amp; Chamomile,</i> Revitalising Eye Night Creme	<i>Lavender &amp; Geranium</i> Body Moist or <i>Unscented,</i> Replenishing Body Moist & <i>Sandalwood &amp; Sweet Orange,</i> Invigorating Body Scrub	<i>Lemon Myrtle/Eucalyptus &amp; Tea Tree</i> Hand Wash & <i>Lavender Geranium &amp; Jojoba</i> Hand Nail & Cuticle Creme or <i>Unscented,</i> Intensive Hand Nail & Cuticle Treatment
<b>Oily</b>	<i>Sandalwood &amp; Neroli,</i> Pure Facial Cleansing Gel & <i>Orange Blossom &amp; Chamomile,</i> Refreshing & Soothing Toner & <i>Jojo &amp; Corn,</i> Gentle Exfoliating Facial Scrub (4 times a week)	Pure Radiance Rosehip Oil (followed by)  <i>Unscented,</i> Pure Emergency Gel & <i>if needed</i> <i>Lavender &amp; Rose,</i> Repairing Anti-Oxidant Night Crème	<i>White Tea &amp; Cornflower,</i> Soothing & Relaxing Eye Day Gel & <i>Ginkgo &amp; Chamomile,</i> Revitalising Eye Night Creme	<i>Lavender &amp; Geranium</i> Body Moist or <i>Unscented,</i> Replenishing Body Moist & <i>Sandalwood &amp; Sweet Orange,</i> Invigorating Body Scrub	<i>Lemon Myrtle/Eucalyptus &amp; Tea Tree</i> Hand Wash & <i>Lavender Geranium &amp; Jojoba</i> Hand Nail & Cuticle Creme or <i>Unscented,</i> Intensive Hand Nail & Cuticle Treatment
<b>Combination</b>	<i>Sandalwood &amp; Neroli,</i> Pure Facial Cleansing Gel & <i>Orange Blossom &amp; Chamomile,</i> Refreshing & Soothing Toner & <i>Jojo &amp; Corn,</i> Gentle Exfoliating Facial Scrub (3 times a week)	Pure Radiance Rosehip Oil (followed by)  <i>Unscented,</i> Pure Emergency Gel & <i>if needed</i> <i>Lavender &amp; Rose,</i> Repairing Anti-Oxidant Night Crème	<i>White Tea &amp; Cornflower,</i> Soothing & Relaxing Eye Day Gel & <i>Ginkgo &amp; Chamomile,</i> Revitalising Eye Night Creme	<i>Lavender &amp; Geranium</i> Body Moist or <i>Unscented</i> Replenishing Body Moist & <i>Sandalwood &amp; Sweet Orange,</i> Invigorating Body Scrub	<i>Lemon Myrtle/Eucalyptus &amp; Tea Tree</i> Hand Wash & <i>Lavender Geranium &amp; Jojoba</i> Hand Nail & Cuticle Creme or <i>Unscented,</i> Intensive Hand Nail & Cuticle Treatment
<b>Sensitive, Fragile or Damaged</b>	<i>Rose &amp; Geranium,</i> Pure Creamy Cleanser & Toner in One	Pure Radiance Rosehip Oil (followed by)  <i>Unscented,</i> 24 Hour Pure Moisture	<i>White Tea &amp; Cornflower,</i> Soothing & Relaxing Eye Day Gel & <i>Ginkgo &amp; Chamomile,</i> Revitalising Eye Night Creme	<i>Unscented,</i> Replenishing Body Moist & <i>Sandalwood &amp; Sweet Orange,</i> Invigorating Body Scrub (Use sparingly & diluted)	<i>Lemon Myrtle/Eucalyptus &amp; Tea Tree</i> Hand Wash & <i>Unscented,</i> Intensive Hand Nail & Cuticle Treatment

# [Al'chemy]

## Easy Hair Product Selection Guide

HAIR TYPE / CONDITION	SHAMPOO	CONDITIONER	STYLE	TREATMENT
Colour Treated Or Permed Hair	<i>Yang Yang</i> Colour Care Shampoo	<i>Avocado &amp; Calendula</i> , Re-Moisturising Conditioner or <i>Macadamia &amp; Wheat</i> Protein Treatment Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Intense Moisture (for very dry, damaged, brittle hair, or hair that needs extra care)	<i>Rice Aminos &amp;</i> <i>Wheat Protein</i> , Intensive Moisture Shampoo	<i>Avocado &amp; Calendula</i> , Re-Moisturising Conditioner or <i>Macadamia &amp; Wheat</i> Protein Treatment Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Dry, Damaged Split Ends	<i>Lavender</i> Shampoo	<i>Avocado &amp; Calendula</i> , Re-Moisturising Conditioner or <i>Macadamia &amp; Wheat</i> Protein Treatment Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Sensitive Scalp, Babies, Aged, The Infirm	<i>Unscented</i> , Very Gentle Shampoo	<i>Unscented</i> , Wheat-Free, Very Gentle Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Normal	<i>Rosemary</i> Shampoo	<i>Jojoba</i> Light Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Fine Hair All the Family	<i>Mandarin</i> Shampoo	<i>Jojoba</i> Light Conditioner	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque
Oily Hair & Scalp	<i>Lemongrass</i> Shampoo	<i>Jojoba</i> Light Conditioner on the ends of the hair	<i>Lavender &amp; Anthyllis</i> , 24 Hour Intensive Moisture Leave-In Conditioner	<i>Ginkgo &amp; Jojoba</i> Intensive Moisture Vitamin Masque (as required)